

# WAVE Multidisciplinary Training on strengthening cooperation between specialist women's support services and the health sector in effectively responding to elder abuse

Venue: *L'Office*, Schottenfeldgasse 85/1, Vienna  
5-6 September 2019

Thursday, September 5<sup>th</sup>  
08:45-17:00

08:45-10:45	<p><b>Welcome and getting to know each other.</b> Overview of the training: aims, content and training methods. Discussing the pre-evaluation results from the participants. <b>Quiz on ageing, older people and violence against older persons:</b> Continuum exercise. <i>(Please read Whosefva manual pages 48 – 57).</i> <b>Discussion:</b> What kind of stereotypes are there about older women and men in your country? What do you know about violence against older persons in your country? Are there any best practices e.g. legislation and policies in place to prevent such violence and/or help in intervention?</p>
10:45-11:15	<b>Coffee break</b>
11:15-12:15	<p><b>Introduction:</b> Multidisciplinary perspective to prevention of violence against older persons. <i>(Please read Whosefva manual pages 32 – 34).</i> <b>Discussion:</b> What is the forecast on populations ageing in your country and its challenges to domestic violence and social and health care services?</p>
12:15-13:30	<p><b>Lunch break</b> Reservation at Marks, 13€/person (Neustiftgasse 82)</p>
13:30-14:45	<p><b>Identification of violence against older women:</b> Help and support assessment in family caregiving situation. SWOT analysis and group work based on a case study. <i>(Please read Whosefva manual pages 50-51 and 60-63).</i> <b>Discussion:</b> The participants are asked to assess the provided case study on family caregiving through SWOT analysis and from their country perspective.</p>
14:45-15:15	<b>Coffee break</b>
15:15-17:00	<p><b>Barriers to help seeking and help giving:</b> Violence against younger and older women as gender-based violence: World Café exercise based on two case studies: a younger woman's story and an older woman's story. <i>(Please read Whosefva manual pages 50 and 67-77).</i> <b>Discussion:</b> From a comparative perspective, the participants are requested to identify signs of abuse and barriers to help-seeking as well as to reflect on their role as a professional and the need for multi-professional and/or multi-agency support in the provided case studies.</p>



Friday, September 6<sup>th</sup>

9:00-16:00

9:00-9:15	Overview of Day's Agenda
9:15- 11:00	<b>Screening and bringing up violence:</b> Older persons in the emergency department. Socio-drama exercise. <i>(Please read Whosefva manual pages 88 – 104).</i> <b>Discussion:</b> How are the emergency services in your country serving older victims of violence? How could you support health care professionals working in emergency settings in your country?
11:00-11:30	<b>Coffee break</b>
11:30-13:00	<b>Complex issues of safety planning with older women:</b> Role play exercise and discussion based on a case study. <i>(Please read Whosefva manual: Safety planning, pages 104-105).</i> <b>Discussion:</b> What kind of safety procedures/tools do you have in your country? How are they used with older victims of violence?
13:00-14:00	<b>Lunch break</b> Reservation at Marks, 13€/person (Neustiftgasse 82)
14:00-15:30	<b>Building Multi-agency cooperation and trust to develop age-friendly shelter and domestic violence services.</b> Stakeholder mapping by group work. <i>(Please read Whosefva manual Appendix 2: Multi-agency cooperation for elder abuse prevention in Helsinki, pages 126-127).</i> <b>Discussion:</b> What are the challenges of multi-agency cooperation in your country? Are there any best practices you could share with other participants? How can we build trust between women's services and social and health care services? How can we build cooperation between women's services across Europe in addressing violence against older women?
15:30-16:00	Feedback discussion and completing post-evaluation questionnaires.



## Trainers from Empowering Old Age Coop – VoiVa (Finland)



**Sirkka Perttu** is a registered nurse specialized in mental health and has a university Master's degree in public health from University of Helsinki, Faculty of Medicine. She is the founding member of Women's Line in Finland. She worked for years in hospitals and health centres before a national career in prevention of violence against women and elder abuse. The first tool for screening of intimate partner violence for Finnish maternity and child health clinics was initiated by her and she also developed the emergency care protocol and tools that are in use in hospitals in Finland. She has worked as a nursing teacher and is a qualified trainer of social and health care professionals. After retiring from University of Helsinki, working as a Project Manager responsible of EU –funded projects on violence against women, she continued working as

an expert and trainer e.g. for Akova Women's Association in North Cyprus and International Consultant for United Nations Population Fund (UNFPA) in 2014 by planning and implementing the train the trainers' course on Gender Based Violence for Family Doctors in Kosovo. She continues her expertise work as a Consultant for Gender Based Violence and Health transnationally for Empowering Old Age Coop – VoiVa specializing in violence against older women.



**Henriikka Laurola**, MSc is the co-Founder and Project Officer at Empowering Old Age Coop – VoiVa; Junior Associate at International Foundation for Integrated Care (IFIC); and Vice President of Emerging Researchers of Integrated Care (ERIC). Henriikka has a BSc in Social and Public Policy (University of Helsinki) and MSc degrees both in Gender Studies (Birkbeck, University of London) and International Development (Utrecht University). Working as a Project Coordinator for a Finnish specialist NGO as well as an independent consultant, Henriikka's working history includes six years of coordinating national and EU-funded projects for the prevention of elder abuse. As part of her Junior Researcher role for the International Foundation for Integrated Care, Henriikka gained a solid understanding of the theory and practices of integrated care,

particularly as they relate to bridging health and social care practices and systems in an efficient and person-centred way for the benefit of vulnerable populations. In early 2017, Henriikka co-founded the Empowering Old Age Coop VoiVa. The on-going EU project activities of the VoiVa Coop aim to enhance the skills of social and health care professionals working with older people to help identify and prevent elder abuse and build collaborative inter-professional and cross-sectional networks in the European partner countries.

